How to Measure Your Calf Width

It is important that you are wearing comfortable clothing which allows you to bend; your jods or breeches are ideal If you are going to wear thick socks with your boots or Half Chaps then put a pair on

Stand in front of a dining or office chair and lift your leg, placing your foot on the seat of the chair-this bends your leg into a position similar to some riding positions and the calf muscle bulges as a result, this is good

Place your tape at the fullest part of your calf

Measure both calves as most of us have one slightly better-developed than the other; use the widest measurement for ordering purposes



Those of you with excellent eye-sight will notice that Catherine is using the wrong end of the tape measure...please ensure yours starts at the first inch!